



## ***CNS Optimist Girls Fall Basketball Program '24***

Sign-ups: North Syracuse Education Association Office  
210 S. Main Street, N. Syracuse  
Sept. 17<sup>th</sup> & 19<sup>th</sup> 4-7pm

Forms also available at [CNSoptimist.com](http://CNSoptimist.com)

Payment: \$90 each player

(2 girls/ family \$160) (3 girls/ family \$235)

Checks payable to: CNS Optimist Club – Payment due  
w/registration

Forms Due: September 27<sup>th</sup>

Team Evaluations: Wed. Oct. 2<sup>th</sup>

Practice Dates: Oct. 8<sup>th</sup> and 9<sup>th</sup> (for 5<sup>th</sup> and 6<sup>th</sup> grade)

5 & 6 Grade Team Practices: Tuesday or Wednesday

Games: Oct. 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7 (5<sup>th</sup> & 6<sup>th</sup>),  
Dec. 14 (3<sup>rd</sup> & 4<sup>th</sup>)

\*\*\* Forms can be mailed to: CNS Optimist Club, Box 3883, Syracuse, NY 13220

# CNS OPTIMIST GIRLS' BASKETBALL REGISTRATION 2024

Player Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_  
(First) (Last)

Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_ \$ Paid: \_\_\_\_\_  
(Must have your email to communicate the schedule, changes or updates)

A Team Tee Shirt will be provided for each girl. Select size below. Check ONE size:

YOUTH	<input type="checkbox"/>	S(6-8)	<input type="checkbox"/>	M(10-12)	<input type="checkbox"/>	L(14-16)	<input type="checkbox"/>	XL (18-20)
ADULT	<input type="checkbox"/>	Small	<input type="checkbox"/>	Medium	<input type="checkbox"/>	Large	<input type="checkbox"/>	XL

## Medical and Liability Release

I, \_\_\_\_\_, the parent or guardian of \_\_\_\_\_ hereby give consent for emergency medical treatment as prescribed by a duly licensed Doctor of Medicine or Dentistry whenever and under whatever conditions are necessary to preserve the life, limb or well-being of the Player. I also hereby certify that all of the provided personal information is accurate and that it is with my full knowledge and consent that the above applicant may take part in the basketball program run by the CNS Optimist Club.

I will not hold the CNS Optimist Club, the CNS Girls Basketball Program, its principals, or representatives, responsible for any injury my child may sustain while engaged in this program. I also certify that the Player has no physical limitations which prevent participation in basketball.

I have read and understand the consent of the permission/medical release form and I am aware that participation is voluntary.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_  
(First) (Last)

Any medical concerns we should know about registered player:

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**FURTHER, I understand that the registrant and any guests will abide by the rules of the program, the rules of the facilities, and the code of conduct of the NSCSD for games and practices.**

\_\_\_\_\_  
Registrant/Player

\_\_\_\_\_  
Parent/ Guardian

**Please check box if you would be interested in volunteering to coach and we will contact you. Thank You!!** Name: \_\_\_\_\_ Phone: \_\_\_\_\_

# **CNS OPTIMIST GIRLS' BASKETBALL PROGRAM 2024**

## **INFORMATION AND REGISTRATION**

This program runs 8 weeks, Saturday October 12, 2024 to Saturday, December 14, 2024

*This program will allow all girls to have the opportunity to develop and enhance their basketball skills in a fun atmosphere. Girls will be given equal playing time during games.*

**Grades:** 3<sup>rd</sup> – 6<sup>th</sup> grade girls (Limited to 40 girls for each division)

**Schedule:** 3<sup>rd</sup> & 4<sup>th</sup> grade girls will practice and play games on Saturdays  
5<sup>th</sup> & 6<sup>th</sup> grade girls will practice Tues. or Wed. nights - play games on Saturday

**Location:** Gillette Road Middle School All games on Saturday (3<sup>rd</sup> – 6<sup>th</sup>)  
Practice Tuesday or Wednesday (5<sup>th</sup> & 6<sup>th</sup>)

**Dates:** Games: Oct. 12, 19, 26 Nov. 2, 9, 16, 30 Dec. 7 (5<sup>th</sup> & 6<sup>th</sup>), Dec. 14<sup>th</sup> (3<sup>rd</sup> & 4<sup>th</sup>)

**Time:** 9 am or 10:15 am

**Price:** \$90 each player  
(2 girls same family: \$160) (3 girls same family \$235)

**Payment:** Make checks payable to: CNS Optimist Club (Payment must be paid with registration)

**Registration:** Complete form and return with payment check. Deadline is September 27, 2024

**Skills Evaluation:** 5<sup>th</sup> & 6<sup>th</sup> grade, Thursday, October 3<sup>rd</sup> at Gillette Middle School

**Coaches:** All teams will be coached by parents/volunteers. If you are interested in coaching, please check the box on the form and we will contact you. Thank you for helping the youth our youth.

**Questions:** Please email: [ciceronorthsyracuseoptimists@gmail.com](mailto:ciceronorthsyracuseoptimists@gmail.com) or leave message (315)451-7751

## **REGISTRATION INFORMATION**

Additional registration forms can be found at registration and online: [cnsoptimist.com](http://cnsoptimist.com)

### **Walk in Registration:**

**Location:** NSEA Office, 210 South Main Street, North Syracuse NY 13212  
(Rt. 11 across from Main Street School)

**Date/Time:** *September 17<sup>th</sup> 4-7 PM or September 19<sup>th</sup> 4-7 PM*

**Form/Payment:** Checks made out to: **CNS Optimist Club**

### **Mail in Registration:**

**Mail to:** **CNS Optimist Club, P O Box 3883, Syracuse NY 13220**

**Form/Payment:** Completed and signed registration form  
Include CHECK payment, payable to CNS Optimist Club

**Deadline:** September 27, 2024

**Parent/Guardian:** A parent or guardian is "required" to attend an important (brief) meeting prior to the start of the first game, Saturday, Oct. 12<sup>th</sup>