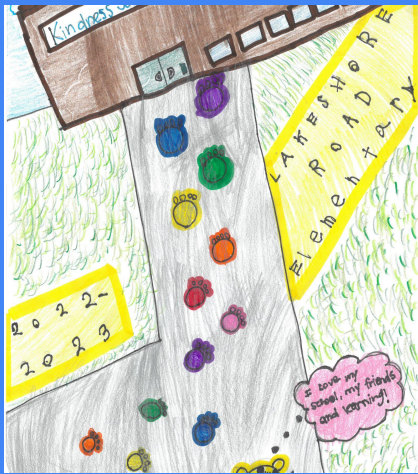
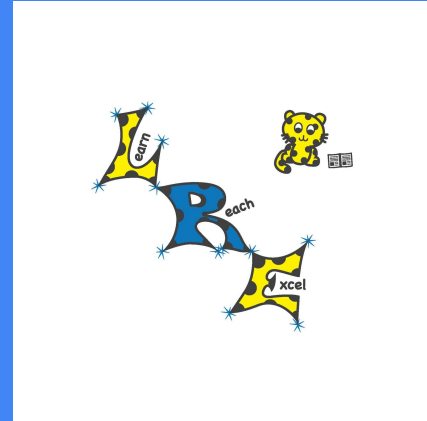


THE LAKEWINDS



MAY 2024



OUR MISSION:

The community of Lakeshore Elementary School, in accordance with the North Syracuse Central School District, will work collaboratively with students, staff, and families to:

- **Provide** all students with the skills, knowledge and confidence they need to become independent seekers of knowledge
- **Help** all students discover their passions for learning
- **Encourage** all students to develop a growth mindset
- **Support** all students' social and emotional growth
- **Celebrate** the personal achievements of all students

TINA CHMIELEWSKI, PRINCIPAL
www.nscsd.org

Office: 315-218-2600
FAX: 315-218-2685
NURSE FAX: 315-218-2686
Attendance: 315-218-2615
Transportation: 315-218-2107

NORTH SYRACUSE CENTRAL SCHOOLS
5355 West Taft Road
North Syracuse, New York 13212
Phone: 315-218-2100 FAX: 315-218-2185

BOARD OF EDUCATION MEMBERS

Paul Fargaglia, President

Michael Mirizio, Vice President

Robert Crabtree

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Joshua Ludden

Xavier Moody-Wusik

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Mark Thorne

CENTRAL ADMINISTRATION

Daniel Bowles, Superintendent of Schools: 315-218-2151

Dr. Christopher Leahey, Associate Superintendent for Teaching & Learning:
315-218-2124

Gregory Stone, Director of ELA & Elementary Education: 315-218-2147

Donald F.X. Keegan, Associate Superintendent for Business Services:
315-218-2119

Jilian Herrera, District Clerk: 315-218-2131

2023-2024 PTO OFFICERS

President - Amanda Webb

Treasurer - Amanda Webb

Secretary - Jennifer Fuller

Social Media - Brittany Knight

Sunshine - Angel Fikes

Staff Treasurer - Vina Fedeale



Contact us:

Principal:

Tina Chmielewski
315-218-2600

School Secretaries:

Mrs. Nicolini &
Mrs. Krupke
315-218-2600

School Nurses:

Mrs. LeBlanc &
Mrs. Cooney
315-218-2603

Attendance:

315-218-2615

School Psychologist:

Miss Harter
315-218-2606

Kitchen:

Mrs. Graveline
315-218-2617

PTO President:

Mrs. Amanda Webb
315-766-8217

- The Main Office and Health Office are open from 8 am to 4 pm
- Children arrive between 9 am and 9:15 am. School begins at 9:15 am
- ALL CALL starts at 3:10 pm, with buses loading at 3:15 pm
- ***PLEASE NOTIFY the school whenever your child is absent by calling the dedicated attendance line at 315-218-2615. The answering machine is on 24/7 for your convenience.***
- If you have not phoned in your child's absence, please send a note into school when your child returns to school stating the reason for the absence.
- If your child is arriving late for school (past 9:15 am), you will need to sign him/her in at the Main Office. If you let the school know about an appointment in advance, you can avoid getting calls from the attendance system.
- When visiting or volunteering at the school, please sign in and out at the Main Office and get your visitor tag to wear during your visit.
- **NOTE TO PARENTS:** When you drop off or pick up your child(ren), **PLEASE PARK IN THE TEACHER PARKING LOT, DO NOT DRIVE IN THE BUS CIRCLE.**





So many things are happening as we prepare to end our school year. We have Chorus, Band and Orchestra concerts scheduled early May and they will also be performing for the entire building. Teachers are working on finalizing end of year events for their classes. We will also be practicing more fire and lockdown drills.

Reminder: If you have an appointment for your child or need to pick them up at the end of the day - please send a note in the morning or let us know before noon. If we know before noon, we can make sure your child is ready and not sent on the bus.

Reminder 2: Cell phones & smart watches are not allowed in school at the elementary level, it is the policy in all of our elementary buildings and students should not be on cell phones at all during school hours.

Thinking about next year: If you have requests for your child for next year, please send requests to me (e-mail is best so you can receive a confirmation). Please know I can **NOT** take specific requests with teacher names, but if there is a teaching style you prefer, structured, flexible, quiet we can do our best to accommodate those needs. Our classroom teachers work on grouping their students for next year, so they already have a good idea of what students may need to be separated for next year.

Just a NOTE from Orchestra!

I cannot believe that we are in May already. It's full of exciting events, including our first assembly and concert!

I look forward to seeing all of the families there!

SCHOOL ASSEMBLY!

MONDAY May 13th

All students need their instruments



CONCERT

Monday, May 20th, 6:30pm

Gillette Road Middle School

Orchestra students should arrive at 6:00 for tuning.

Please enter through the auditorium doors near the parking lot. Doors will not be open until 6:00 😊

Thank you!

Mrs. Delfanian

ddelfanian@nscsd.org



A decorative border surrounds the text, featuring a series of musical staves with colorful notes (red, yellow, green, blue, purple) and stems. The notes are arranged in a way that they appear to be floating around the central text area.

3rd and 4th Grade Chorus Concert

Our 3rd and 4th Grade Chorus Concert is coming up soon! We are so excited to perform our program for our audience! Our concert is on **Monday, May 13th at 6:30pm**. The concert takes place at the **Gillette Road Middle School Auditorium**. Students should plan to **meet at 6:15** in the cafeteria next to the auditorium entrance. If students arrive prior to 6:15, they should remain with their parents until it is time to report to the cafeteria. Students should leave their coats with their families. We will dismiss the students from the auditorium. Doors will open at 6:00.

This is a dress-up occasion! Students may wear a collared shirt and dress pants, a skirt and blouse, or a dress. Please be aware that the stage may be warm, so plan for layers under warmer clothing.

Also, please wear "safe" shoes for the risers.

3rd and 4th Grade Chorus Concert

Monday, May 13th

6:30 pm

Gillette Road Middle School Auditorium



Save the Date: May 21, 2024

School Budget Vote and Board Member Election

www.nscsd.org/budget



Scan Code or
Go to
www.nscsd.org/budget

BRIGHTER TOGETHER

Did You Know?

- You can register to vote online!
- Absentee ballots are available for any reason!
- You can register to vote BEFORE you're 18! If you're within six months of your 18th birthday, you can register!

Budget **Meetings** - Learn More!

May 2 In-Person Meeting at 6 PM at Gillette Road Middle School (6150 South Bay Road, Cicero)

May 7 Public Hearing In-Person Meeting at 6 PM Jerome F. Melvin Admin. Office (5355 West Taft Road, N. Syracuse)

May 9 In-Person Meeting at 6 PM North Syracuse Junior High School (5353 West Taft Road, N. Syracuse)

VIRTUAL MEETINGS on May 7 and MAY 14 at 7 PM (Links posted on www.nscsd.org)



POLLING LOCATIONS

For residents living SOUTH of 481

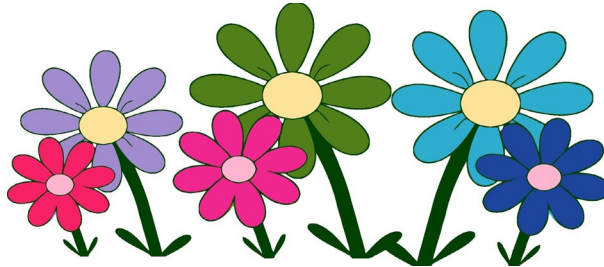
Jerome F. Melvin Admin. Office (5355 West Taft Road, N. Syracuse)

***For residents living NORTH of 481**

Michael J. Bragman Stadium at Cicero-North Syracuse High School (6002 Route 31, Cicero)

***NOTE Change in location!** In May of 2023, North Syracuse Central School District voters approved a change of polling location for residents living NORTH of 481. This group of voters will now vote at the Michael J. Bragman Stadium at Cicero-North Syracuse High School.

ADA-PEP News from Mrs. McClellan



PEER TO PEER PROGRAM

A district wide program is underway again this year to help ease the transition of 4th graders to middle school. The Peer to Peer program matches 4th grade students with 5th grade student pen pals. This program is designed to help decrease the anxiety that some 4th graders may feel as they begin to think about leaving the elementary school they have called home for five years and venturing out to their new middle school.

During the first part of the program, 4th grade students write letters to their 5th grade pen pal asking questions about middle school life. The 5th graders respond by answering the questions and introducing themselves to their new friend. On Wednesday, May 29th, 4th grade students will visit Gillette Road Middle School, meet their pen pals and participate in a special building tour prepared by their 5th grade “buddies.”

As part of the tour, 4th graders will have an opportunity to practice opening lockers, learn about after school activities and clubs, and meet some of the middle school staff. After the tour, 4th graders will be familiar with the building they will be entering in September and have their first friend at the middle school. If you have any questions, feel free to contact me at Lakeshore at 315-218-2600 or jmcclellan@nscsd.org.



&



**Come share your knowledge &
discoveries!**

DATE: JUNE 6, 2024

Set up: 4 - 4:45 pm

Presentations: 4:45 – 6 pm

Please RETURN bottom portion by May 17, 2024

Registration Information:

Student: _____ **Classroom Teacher** _____

Project or Career Focus _____

Electricity needed _____



Daniel D. Bowles
Superintendent of Schools
www.nscsd.org

Lakeshore Road Elementary School
Tina Chmielewski, Principal
7180 Lakeshore Road
Cicero, N.Y. 13039
tchmielewski@nscsd.org
315-218-2600/FAX 315-218-2685

2024

Dear Parents,

From past experience we have found that summer is often the time of year families elect to change residence. If you are planning to move this summer, either within our school district or outside, it is important that we are notified now so that the proper transfer of school records can occur.

If you know you will be moving this summer, fill out the form below and have your child return it to his teacher by Monday, June 11th. This will enable your child to have a smooth transition between schools.

As always thank you for your cooperation.

Sincerely,

Tina Chmielewski
Principal
Learn Reach Excel

Name _____ Teacher _____

I plan to move to _____ on approximately _____
(date)

My child will be attending _____
(name of new school)

(new school address)

We will prepare records for transfer if your child will be attending a school within the North Syracuse School District. If he/she will be attending school at a different school district, records will be sent when your child is registered at his/her new school.

May is Better Hearing & Speech Month

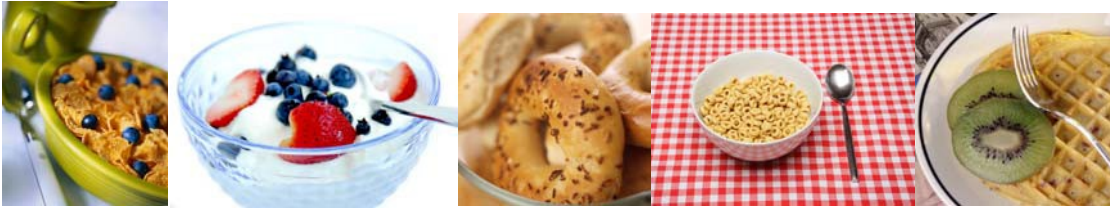


May is Better Speech and Hearing Month!

Lakeshore Road Elementary currently has two speech therapists serving our students: Erin Reid and Beth Soeder. Feel free to contact them if you have any questions or concerns regarding the speech or hearing of any Lakeshore Road students. Email:

Ereid@nscsd.org BSoeder@nscsd.org

Benefits of Breakfast



- ❖ Eating breakfast can help improve math, reading, and standardized test scores.^{i ii iii}
- ❖ Children who eat breakfast are more likely to behave better in school and get along with their peers than those who do not.^{iv v}
- ❖ Breakfast helps children pay attention, perform problem-solving tasks, and improves memory.^{vi vii}
- ❖ Children who eat school breakfast are likely to have fewer absences and incidents of tardiness than those who do not.^{viii}
- ❖ By eating breakfast, students get more of important nutrients, vitamins and minerals such as calcium, dietary fiber, folate and protein.^{ix x}
- ❖ Studies have shown that children who eat breakfast on a regular basis are less likely to be overweight.^{xi xii xiii}
- ❖ Eating breakfast as a child is important for establishing healthy habits for later in life.
- ❖ Schools that provide breakfast in the classroom to all students have shown decreases in tardiness and suspensions as well as improved student behavior and attentiveness.^{xiv xv}
- ❖ What you eat for breakfast can have an impact on learning. One study showed that eating breakfast food high in fiber and low in sugar for breakfast helped students sustain the cognitive effects of breakfast.^{xvi}
- ❖ School Breakfast provides daily servings of fruit, whole grains, and milk, plus roughly ¼ the recommended calories needed for lasting energy.^{xvii}

- ⁱ Rampersaud GC, Pereira MA, Girard BL, Adams J, Metz J, JD Breakfast habits, nutritional status, body weight, and academic performance in children and adolescents *J Am Diet Assoc.* 2005 May;105(5):743-60
- ⁱⁱ Murphy JM, Pagano M, Nachmani J, Sperling P, Kane S, Kleinman R. "The Relationship of School Breakfast to Psychosocial and Academic Functioning: Cross-sectional and longitudinal observations in an inner-city sample." *Archives of Pediatric and Adolescent Medicine* 1998; 152:899-907.
- ⁱⁱⁱ Alaimo K, Olson CM, Frongillo EA Jr. "Food Insufficiency and American School-Aged Children's Cognitive, Academic and Psychosocial Development." *Pediatrics* 2001; 108(1):44-53.
- ^{iv} Benton D, Maconie A, Williams C The influence of the glycaemic load of breakfast on the behaviour of children in school. *Physiol Behav.* 2007 Nov 23;92(4):717-24. Epub 2007 May 31
- ^v Alaimo K, Olson CM, Frongillo EA Jr. "Food Insufficiency and American School-Aged Children's Cognitive, Academic and Psychosocial Development." *Pediatrics* 2001; 108(1):44-53.
- ^{vi} Wesnes KA, Pincock C, Richardson D, Helm G, Hails S. "Breakfast reduces declines in attention and memory over the morning in schoolchildren." *Appetite* 2003;41(3):329-31.
- ^{vii} Dye L, Blundell JE. Functional foods: psychological and behavioral functions. *Br J Nutr* 2002;88 (Suppl 2):S187- 211.
- ^{viii} Murphy JM. "Academics & Breakfast Connection Pilot: Final Report on New York's Classroom Breakfast Project." Nutrition Consortium of NY State. Albany, NY. July 2005
- ^{ix} Affenito SG, Thompson DR, Barton BA, Franko DL, Daniels SR, Obarzanek E, Schreiber GB, Striegel-Moore. "Breakfast Consumption by African-American and White Adolescent Girls Correlates Positively with Calcium and Fiber Intake and Negatively with Body Mass Index." *Journal of the American Dietetic Association* 2005; 105:938-945.
- ^x Wilson NC, Parnell WR, Wohlers M, Shirley P. "Eating breakfast and its impact on children's daily diet." *Nutrition & Dietetics* 2006; 63:15-20.
- ^{xi} Breakfast Eating and Weight Change in a 5-Year Prospective Analysis of Adolescents: Project EAT (Eating Among Teens) Maureen T. Timlin, Mark A. Pereira, Mary Story, and Dianne Neumark-Sztainer *Pediatrics* 2008; 121: e638-e645
- ^{xii} American Dietetic Association. Childhood Overweight Evidence Analysis Project: updated 2006. Available at: www.adaevidencelibrary.com/topic.cfm?cat=1046.
- ^{xiii} Dubois L, Girard M, Potvin Kent M, Farmer A, Tatone-Tokuda F Breakfast skipping is associated with differences in meal patterns, macronutrient intakes and overweight among pre-school children *Public Health Nutr.* 2008 Mar 18:1-10
- ^{xiv} Murphy JM, Pagano ME, Patton K, Hall S, Marinaccio J, Kleinman R. "The Boston Public Schools Universal Breakfast Program; Final Evaluation Report." Massachusetts General Hospital, Boston, MA, 2000.
- ^{xv} Murphy JM et. al. "Maryland Meals for Achievement Year III Final Report." Massachusetts General Hospital, Boston, MA, 2001.
- ^{xvi} Caroline R. Mahoney, Holly A. Taylor, Robin B. Kanarek, Priscilla Samuel. Effect of breakfast composition on cognitive processes in elementary school children. *Physiology and Behavior* 85 (2005) 635-645
- ^{xvii} Section 9(f)(2)(B)(ii), Richard B Russell National School Lunch Act.



May 2024

Elementary School Menu

Menu Subject to Change

North Syracuse CSD is an Equal Opportunity Provider and Employer

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Cinco de Mayo ("The Fifth of May") celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.

1
Tyson
Chicken Fries w/
Dipping Sauce
Sweet Potato Wedges
Seasoned Carrots

2
Walking Beef Taco
w/ Lettuce and Cheese
Baby Carrots w/ Dip
Refried Beans
Fresh Fruit

3
Stuffed Crust Pizza

Tossed Salad w/
Dressing
Steamed Broccoli
Fresh Fruit

6
Ham and Cheese
Bagel Melt

Baby Carrots w/ Dip
Potato Gems

7
Chicken and Cheese
Quesadilla w/ Salsa

Cheesy Bean Dip
w/Chips
Seasoned Corn
Fresh Fruit

8
Pizza Crunchers w/
Marinara Sauce

Tossed Salad w/
Dressing
Green Beans

9
Homemade Mac
& Cheese w/ Garlic
Bread Stick
Green Pepper Strips w/
Dip
Carrot Coins
Fresh Fruit

10
Personal Pan Pizza

Tossed Salad w/
Dressing
Fresh Broccoli w/ Dip
Fresh Fruit

13
Mini Waffles w/
Chicken Sausage

Hash Brown Rounds
100% Fruit/Vegetable
Juice

14
Baked Rotini w/
Texas Toast
Tossed Salad w/
Dressing
Seasoned Corn
Fresh Fruit

15
BBQ Rib
Sandwich

French Fries
Green Beans

16
Mini Pizza Bagels

Tossed Salad w/
Dressing
Assorted Vegetables
Fresh Fruit

17
½ Day
No Lunch

20
Hot Meatball Sub

Tossed Salad w/
Dressing
Baby Carrots w/ Dip

21
Beef & Cheese
Nacho's w/ Lettuce
and Tomato
Refried Beans
Seasoned Corn
Fresh Fruit

22
Mikes Cheese Bites
w/ Marinara Sauce
Tossed Salad w/
Dressing
Green Beans
*Stars and Strips Side
Kicks Juice Cup*

23
Turkey & Cheese
Croissant
Homemade NYS
Coleslaw
Sweet Potato Fries
Fresh Fruit

24
School Closed

27
Memorial Day
Recess
No School

28
Pizza Crunchers w/
Marinara Sauce
Tossed Salad w/
Dressing
Baby Carrots w/ Dip
Fresh Fruit

29
French Toast
Sticks w/
Chicken Sausage
Hash Brown
Rounds
100% Fruit
Vegetable Juice

30
Homemade Sloppy
Joe Sandwich

Celery Sticks w/ Dip
Seasoned Corn
Fresh Fruit

31
Homemade Pizza

Tossed Salad w/
Dressing
Fresh Broccoli w/ Dip
Fresh Fruit

A La Carte

Second Choice Items:

Monday-Chicken Patty
Tuesday-Hamburger on
Bun

Wednesday- Beef Hot Dog

Thursday-Cheeseburger

Friday-Beef Hot Dog

Assorted Fruits and
milk choice
available with each
meal.

School Info

Did you know:

Memorial Day is an
American holiday,
observed on the last
Monday of May, honoring
the men and women who
died while serving in the
U.S. military.

Originally known as
Decorations Day, it
originated in the years
following the civil War
and became an official
federal holiday in 1971.



LAKESHORE ROAD ELEMENTARY SCHOOL

Tina Chmielewski, Principal **Nurse 315-218-2603**
7180 Lakeshore Road **Attendance 315-218-2615**
Cicero, New York 13039 **NURSE FAX 315-218-2686**
Telephone: 315-218-2600 **Cafeteria 315-218-2617**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 GRADE 3/MATH TESTING	7	8 GRADE 4/MATH TESTING KDG- TERRARIUMS W/J.GRAMLICH	9	10	11
12 HAPPY MOTHER'S DAY!	13 6:30 pm-3/4 Chorus Concert @ GRMS	14 SPECIAL OLYMPICS	15	16	17 12 pm- DISMISSAL/half day for students <u>silly</u> <u>sock day</u>	18
19	20 6:30 pm-Band & Orchestra Concert @ GRMS	21 KNG FIELD TRIP	22 3RD GRADE FIELD TRIP	23	24	25
26	27	28	29 4th GR-Peer to Peer Program	30	31 GR1-Pond Life w/J. Gramlich	JUNE 1