|  |  |  |
| --- | --- | --- |
|  |  |  |
| **Smart Snack List 2023-2024** |  |  |
| **Compliant Snack Items** | **Carbs** | **Allergens** |
| **CHIPS/CRACKERS/POPCORN** |  |  |
| **BEEF JERKY** |  |  |
| Original (Jack Links) | 6 | None |
| Teriyaki (Jack Links) | 6 | Gluten/Wheat, Soy |
| Peppered (Jack Links) | 7 | None |
| **CHEETOS** |  |  |
| Cheetos - Fantastix! Chili Cheese | 19 | Corn, Milk, Dye - Yellow |
| Cheetos, Puffs - Reduced Fat | 13 | Corn, Milk, Dye - Yellow |
| Cheetos, Flamin Hot Puffs - Reduced Fat | 14 | Corn, Milk, Dye - Yellow & Red |
| Cheetos - Fantastix! Flammin Hot Style | 20 | Corn, Milk, Dye - Yellow & Red |
| Cheetos - Oven Baked, Crunchy Cheese | 16 | Corn, Milk, Dye - Yellow |
| Cheetos - Oven Baked, Flamin Hot | 17 | Corn, Milk, Dye - Yellow & Red |
| Cheeze-It, Atomic Cheddar, Whole Grain | 15 | Gluten/Wheat, Milk, Soy, Corn |
| Cheeze-It, Original, Whole Grain | 14 | Gluten/Wheat, Milk, Soy |
| Cheetos, Baked, White Cheddar - 50% Less Fat | 17 | Corn, Milk |
| Cheetos, TRAX Crackers | 17 | Gluten/Wheat, Milk, Soy, Corn, |
| **CHEX** |  |  |
| Simply Chex, Chocolate Caramel | 22 | Gluten/Wheat, Soy, Corn, Milk |
| Simply Chex, Hot & Spicy | 19 | Gluten/Wheat, Milk, Soy, Corn, Dye - Yellow |
| Chex, Strawberry Yogurt | 23 | Gluten/Wheat, Milk, Soy, Corn |
| **DORITOS** |  |  |
| Doritos - Cool Ranch, Reduced Fat | 20 | Corn, Milk, Dye - Yellow, Blue & Red |
| Doritos - Flamas, Reduced Fat | 20 | Corn, Milk, Dye - Yellow & Red |
| Doritos - Nacho Cheese, Reduced Fat | 20 | Corn, Milk, Dye - Yellow & Red |
| Doritos - Spicy Sweet Chili, Reduced Fat | 20 | Gluten/Wheat, Corn, Soy |
| Doritos - Wild White Nacho, Reduced Fat | 20 | Corn, Milk |
| **EMOJI SNACK** |  |  |
| Emoji Chat Snax | 21 | Gluten/Wheat, Soy |
| **FRUIT SNACKS** |  |  |
| Craisins | 27 | None |
| Mott's Medley's Assorted Fruit | 38 | Corn |
| Mott's Medley's Mixed Fruit | 38 | Corn |
| Scooby-Doo! Fruit Flavored Snacks | 21 | Corn |
| Zee Zee's Mizzees Dried Fruit | 30 | None |
| Fruit Roll Ups - Strawberry | 11 | Corn, Citric Acid |
| Fruit Roll Ups - Blastin' Berry Hot Colors | 11 | Corn, Citric Acid |
| Fruit Roll Ups - Crazy Colors | 11 | Corn, Citric Acid |
| **DOLE FRUIT JUICE GELS** |  |  |
| Strawberry | 19 | None |
| Orange | 18 | None |
| Cherry | 22 | None |
| **FUNYUNS** |  |  |
| Funyuns Onion Flavored Rings | 14 | Milk, Corn |
| **GOLDFISH** |  |  |
| Goldfish Crackers, Cheddar, Whole Grain | 14 | Gluten/Wheat, Milk |
| **POPPED CRISPS/CORN** |  |  |
| Smartfood Delight White Cheddar Popcorn | 10 | Corn, Milk |
| Smartfood Sea Salt Caramel Popcorn | 10 | Corn, Milk |
| Popcorn Indiana Kettlecorn Sweet & Salty | 21 | None |
| **POTATO CHIPS** |  |  |
| Oven Baked Lays – Original, 0.875 oz. | 19 | Corn, Soy |
| Oven Baked Lays - Original | 26 | Corn, Soy |
| Oven Baked Lays - Sour Cream & Onion, 0.875 oz. | 19 | Corn, Milk, Soy |
| Oven Baked Lays - Sour Cream & Onion | 24 | Corn, Milk, Soy |
| Oven Baked Lays – BBQ, 0.875 oz. | 19 | Gluten/Wheat, Corn, Soy, Milk |
| Oven Baked Lays - BBQ | 24 | Gluten/Wheat, Corn, Soy, Milk |
| Oven Baked Ruffles - Cheddar & Sour Cream Ridged | 17 | Corn, Milk, Soy, Dye - Yellow |
| **PRETZELS** |  |  |
| Pretzels, Hartzels, Rold Gold, Whole Grain | 15 | Gluten/Wheat, Corn |
| Whole Grain Soft Pretzel, 2.2oz. | 30 | Gluten/Wheat, Corn |
| **SUNCHIPS** |  |  |
| Sun Chips Snack Mix | 15 | Corn, Gluten/Wheat, Milk, |
| **SUNFLOWER KERNELS** |  |  |
| Zee Zee's Sunflower Kernels - Honey Roasted | 10 | None |
| **SNACK MIX** |  |  |
| Quaker Snack Mix, Kids Mix | 17 | Gluten/Wheat, Oat, Corn, Milk, TREE NUTS (Coconut) Dye - Yellow |
| Frito Lay MUNCHIES Snack Mix Munch Mix | 17 | Gluten/Wheat, Milk, Corn, Dye - Yellow, |
| **TOSTITOS** |  |  |
| Oven Baked Tostitos Scoops | 19 | Corn |
| **COOKIES** |  |  |
| **DARLINGTON APPLEWAYS** |  |  |
| Cinnamon Bites (WG) | 21 | Gluten/Wheat, Soy, Milk, Corn |
| Blueberry Lemon (WG) | 21 | Gluten/Wheat, Soy, Milk, Corn |
| **GRAHAM CRACKERS** |  |  |
| Keebler Bug Bites, Graham Crackers | 21 | Gluten/Wheat, Soy |
| Keebler, Elf Grahams, Chocolate | 20 | Gluten/Wheat, Soy |
| Keebler, Elf Grahams, Original | 21 | Gluten/Wheat, Soy |
| Graham Cracker Stix, Scooby Doo, Cinnamon Keebler, Whole Grain | 21 | Gluten/Wheat, Soy |
| Graham Cracker Stix, Scooby Doo, HONEY Keebler, Whole Grain | 23 | Gluten/Wheat, Corn, Soy |
|  |  |  |
| Despicable Me Graham Snacks Honey | 22 | Gluten/Wheat, Soy, Milk |
| DOTS - WG, Graham Crackers, Vanilla | 20 | Gluten/Wheat |
| Skeeter Nut Free, Cinnamon Grahams | 21 | Gluten/Wheat, Soy |
| Skeeter Nut Free, Honey Grahams | 21 | Gluten/Wheat, Soy |
| Skeeter Nut Free, Chocolate Chip Mini | 19 | Gluten/Wheat, Soy, Egg, Milk, Corn |
| Skeeter Nut Free, Shortbread Mini | 17 | Gluten/Wheat, Corn, Milk |
| Skeeter, ALLSOME, Chocolate Chip | 24 | Gluten/Wheat, Soy, Corn, Milk |
| Skeeter, ALLSOME, Cinnamon | 22 | Gluten/Wheat, Soy |
| **GRIPZ** |  |  |
| Cinnamon GRIPZ Grahams | 19 | Gluten/Wheat, Soy, Milk |
| **CHOCOLATE CHIP COOKIE** |  |  |
| Grandms's Mini Chocolate Chip Cookies | 25 | Milk, Soy, Gluten/Wheat, Corn |
| **CHORTLES** |  |  |
| Chortles, Mini-MIni Chocolate Chip, WG | 19 | Gluten/Wheat, Soy, Egg |
| Chortles, MIni Chocolate Chip, WG | 9 | Gluten/Wheat, Soy, Egg |
| Chortles, Mini-Mini Chocolate, WG | 19 | Gluten/Wheat, Soy, Egg |
| Chortles, Mini-Mini Cinnamon, WG | 20 | Gluten/Wheat, Soy, Egg |
| **GRIPZ** |  |  |
| Cinnamon GRIPZ Grahams |  |  |
| **JUNGLE CRACKERS** |  |  |
| Jungle Crackers | 20 | Gluten/Wheat, |
| **POP TARTS** |  |  |
| WG - Fudge (1) | 38 | Gluten/Wheat, Soy, Corn |
| WG - Strawberry (1) | 38 | Gluten/Wheat, Soy, Corn, Red & Yellow |
| WG - Cinnamon (1) | 37 | Gluten/Wheat, Soy, Corn |
| **DAVID'S COOKIES** |  |  |
| David's, WG, Chocolate Brownie, Reduced Fat | 17 | Gluten/Wheat, Egg, Soy, Corn |
| David's, WG, Chocolate Chip, Reduced Fat | 17 | Gluten/Wheat, Egg, Soy, Corn |
| David's, WG, Oatmeal Raisin, Reduced Fat | 18 | Gluten/Wheat, Egg, Soy, Corn |
| David's, WG, Sugar, Reduced Fat | 18 | Gluten/Wheat, Egg, Soy, Corn |
| David's, WG, Rainbow, Reduced Fat | 15 | Gluten/Wheat, Egg, Soy, Corn, Dye - Red, Yellow, Blue |
| **GRANOLA BARS** |  |  |
| Quaker Chewy Granola Bar, Chocolate Chip, Reduced Sugar | 17 | Gluten/Wheat, Peanut, Tree Nut, Soy, Milk, Corn |
| Quaker Chewy Granola Bar, Peanut Butter Chocolate Chip Reduced Sugar | 17 | Gluten/Wheat, Soy, Milk, Peanuts, Corn, Tree Nuts |
| Quaker Chewy Granola Bar, Cookies & Cream, 25% Reduced Sugar | 18 | Gluten/Wheat, Milk, Soy, Peanuts, Tree Nuts, Corn |
| Kelloggs, Nutri-Grain Cereal Bar - Strawberry | 30 | Gluten/Wheat, Oats, Corn, Milk, Soy, Dye - Red |
| Kelloggs, Nutri-Grain Cereal Bar - Blueberry | 30 | Gluten/Wheat, Oats, Corn, Milk, Soy, Dye - Red & Blue |
| Kelloggs, Nutri-Grain Cereal Bar - Apple Cinnamon | 30 | Gluten/Wheat, Oats, Corn, Milk, Soy |
| Kelloggs, Cocoa Krispies, Chewy Granola Bar - Chocolate | 27 | Oats, Soy, Milk, Corn |
| Kelloggs, Cocoa Krispies, Chewy Granola Bar - Apple Cinnamon | 27 | Oats, Soy, Milk, Corn |
| Kelloggs, Cocoa Krispies, Chewy Granola Bar - Berry | 27 | Oats, Soy, Milk, Corn |
| Appleways's Simply Wholesome Oatmeal Bar, Apple | 24 | Gluten/Wheat, Egg, Milk, Soy, Corn |
| Appleways's Simply Wholesome Oatmeal Bar, Chocolate | 23 | Gluten/Wheat, Egg, Milk, Soy, Corn |
| Cinnamon Toast Crunch Cereal Bar | 30 | Gluten/Wheat, Corn Soy, Tree Nuts |
| Trix Ceral Bar | 29 | Gluten/Wheat, Corn, Soy, Red, Blue, Yellow, Tree Nuts |
| Cocoa Puffs Bar | 30 | Gluten/Wheat, Corn, Soy, Tree Nuts |
| Cheerios Cereal Bar - Apple & Cinnamon | 30 | Gluten/Wheat, Corn, Soy, Tree Nuts |
| **NUTRITION & SOFT BAKED BAR** |  |  |
| Zee Zee's Nutrition Bar - Cocoa Cherry | 33 | Gluten/Wheat, Soy, Corn |
| Zee Zee's Soft Baked Bar - Campfire Smores | 24 | Gluten/Wheat, Soy, Corn |
| **HERSHEY'S / RICH'S COOKIE** |  |  |
| Rich's Triple Chocolate Filled Cookie (Hershey's) Whole Grain | 31 | Gluten/Wheat, Milk, Soy, Corn, Eggs, Peanuts, Tree Nuts |
| **RICH'S COOKIE** |  |  |
| Rich's Confetti Cake Filled Cookie | 30 | Gluten/Wheat, Egg, Milk, Soy, Corn, Peanuts, Tree Nuts |
| **RICE KRISPIE TREAT** |  |  |
| Mini Rice Krispie Treat | 9 | Corn, Soy, Milk, Pork |
| Rice Krispie Treat | 30 | Corn, Soy, Milk, Pork |
| Cocoa Krispies Chocolate | 8 | Corn, Soy, Milk, Pork |
| Rice Krispies Confetti | 32 | Corn, Soy, Milk, Pork, Dye – Red, Yellow & Blue |
| **BREAKFAST BREAD** |  |  |
| Super Bakery Ultra Bread Slice - Pumpkin | 43 | Gluten/Wheat, Soy, Egg, Corn |
| Super Bakery Ultra Bread Slice - Zucchini | 43 | Gluten/Wheat, Soy, Egg, Corn |
| Super Bakery Ultra Bread Slice - Banana | 33 | Gluten/Wheat, Soy, Egg, Corn |
| **HUMMUS** |  |  |
| Zee Zee’s Red Roasted Hummus (3oz.) | 18 | None |