## North Syracuse ES September Allergen List – Second Choice - 2024

MONDAY		THURSDAY	
Chicken Popcorn	(Goldkist #110452) Gluten/Wheat, Milk, Soy, Corn;	Chicken Patty on Bun	(Goldkist #6654) Gluten/Wheat, Soy, Corn (Bun) Gluten/Wheat, Soy, Sesame
Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk	Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk
Yogurt Meal Lunch w/Cheese Stick	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);	Yogurt Meal Lunch	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);
TUESDAY			
Beef Hot Dog on Whole Wheat Roll	(Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy, Sesame	FRIDAY	
Yogurt Meal Lunch	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);	Beef Hot Dog on Whole Wheat Roll	(Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy, Sesame
Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk	Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter) Peanuts, Soy; (Cheese Stick) Milk
WEDNESDAY		Yogurt Meal Lunch w/Cheese Stick	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);
Cheeseburger on Whole Wheat Bun	(Bun) Gluten/Wheat, Soy, Sesame; (JTM #5683) None; (Cheese) Milk (Soy) if Bongard's		
Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter) Peanuts, Soy; (Cheese Stick) Milk		
Yogurt Meal Lunch w/Cheese Stick	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);		