

# North Syracuse MS September Allergen List – Second Choice - 2024

<u>MONDAY</u>		<u>THURSDAY</u>	
<b>Chicken Popcorn</b>	(Goldkist #110452) Gluten/Wheat, Milk, Soy, Corn;	<b>Chicken Patty on Bun</b>	(Goldkist #6654) Gluten/Wheat, Soy, Corn (Bun) Gluten/Wheat, Soy, Sesame
Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk	Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk
Yogurt Meal Lunch w/Cheese Stick	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);	<b>Yogurt Meal Lunch</b>	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);
<u>TUESDAY</u>		<u>FRIDAY</u>	
<b>Beef Hot Dog on Whole Wheat Roll</b>	<b>(Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy, Sesame</b>	<b>Beef Hot Dog on Whole Wheat Roll</b>	<b>(Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy, Sesame</b>
Yogurt Meal Lunch	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);		
Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk	Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter) Peanuts, Soy; (Cheese Stick) Milk
<u>WEDNESDAY</u>		<b>Yogurt Meal Lunch w/Cheese Stick</b>	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);
<b>Cheeseburger on Whole Wheat Bun</b>	(Bun) Gluten/Wheat, Soy, Sesame; <b>(JTM #5683) None;</b> (Cheese) Milk (Soy) if Bongard’s		
Peanut Butter/Jelly Sandwich w/Cheese Stick	(Bread) Gluten/Wheat, Soy, (Peanut Butter) Peanuts, Soy; (Cheese Stick) Milk		
Yogurt Meal Lunch w/Cheese Stick	(Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);		