**North Syracuse MS September Allergen List – Second Choice - 2023**

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| **MONDAY** |  |  | **THURSDAY** |  |
| **Chicken Patty on Bun** | (Goldkist #6654)  Gluten/Wheat, Soy, Corn  (Bun) Gluten/Wheat, Soy |  | **Cheeseburger on Bun** | (Burger – Advance Pierre #69050) None; (Cheese) Milk, Soy;  (Bun) Gluten/Wheat, Soy |
| Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter)Peanuts, Soy;  (Cheese Stick) Milk |  | Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter)Peanuts, Soy;  (Cheese Stick) Milk |
| Yogurt Meal Lunch w/Cheese Stick | (Yogurt) Milk, Corn,; (Cheese Stick) Milk;  (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |  | Yogurt Meal Lunch | (Yogurt) Milk, Corn,; (Cheese Stick) Milk;  (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |
| **TUESDAY** |  |  | **FRIDAY** |  |
| **Hamburger on Bun** | (Burger – Advance Pierre #69050) None;  (Bun) Gluten/Wheat, Soy |  | **Beef Hot Dog on**  **Whole Wheat Roll** | (Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy, |
| Yogurt Meal Lunch | (Yogurt) Milk, Corn,; (Cheese Stick) Milk;  (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |  | **DAILY** |  |
| Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter)Peanuts, Soy;  (Cheese Stick) Milk |  | Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter) Peanuts, Soy;  (Cheese Stick) Milk |
| **WEDNESDAY** |  |  | Yogurt Meal Lunch w/Cheese Stick | (Yogurt) Milk, Corn,; (Cheese Stick) Milk;  (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |
| **Beef Hot Dog on**  **Whole Wheat Roll** | (Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy**,** |  | Garden Salad w/Cheese & Roll | (Salad) None; (Cheese) Milk; (Ranch) Milk Egg, Soy, Corn (Italian) Soy; (Roll) Gluten/Wheat, Milk, Soy, Egg;  (Roll) Gluten/Wheat, Milk, Soy, Egg |
| Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter) Peanuts, Soy;  (Cheese Stick) Milk |  | Peanut Butter & Fruit Box Meal | (Peanut Butter) Peanuts, Soy, Corn; (Dinner Roll) Gluten/Wheat, Milk, Egg, Soy; (Rold Gold Pretzels) Gluten/Wheat, Corn – (Goldfish Pretzel) Gluten/Wheat, Milk |
| Yogurt Meal Lunch w/Cheese Stick | (Yogurt) Milk, Corn,; (Cheese Stick) Milk;  (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |  | Hummus Meal w/Cheese Stick & Roll | (Hummus – Zee-Zees) None; (Cheese Stick) None; (Roll) Gluten/Wheat, Milk, Soy, Egg;  (Rold Gold Pretzels) Gluten/Wheat, Corn;  (Goldfish Pretzel) Gluten/Wheat, Milk |