**North Syracuse MS September Allergen List – Second Choice - 2023**

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| **MONDAY** |  |  | **THURSDAY** |  |
| **Chicken Patty on Bun** | (Goldkist #6654) Gluten/Wheat, Soy, Corn (Bun) Gluten/Wheat, Soy |  | **Cheeseburger on Bun** | (Burger – Advance Pierre #69050) None; (Cheese) Milk, Soy;(Bun) Gluten/Wheat, Soy |
| Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk |  | Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk |
| Yogurt Meal Lunch w/Cheese Stick | (Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None);  |  | Yogurt Meal Lunch  | (Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |
| **TUESDAY** |  |  | **FRIDAY** |  |
| **Hamburger on Bun** | (Burger – Advance Pierre #69050) None; (Bun) Gluten/Wheat, Soy |  | **Beef Hot Dog on** **Whole Wheat Roll**  | (Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy,  |
| Yogurt Meal Lunch  | (Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |  | **DAILY** |  |
| Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter)Peanuts, Soy; (Cheese Stick) Milk |  | Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter) Peanuts, Soy; (Cheese Stick) Milk |
| **WEDNESDAY** |  |  | Yogurt Meal Lunch w/Cheese Stick | (Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |
| **Beef Hot Dog on** **Whole Wheat Roll**  | (Hot Dog – Armour/Smithfield) None (Bun) Gluten/Wheat, Soy**,**  |  | Garden Salad w/Cheese & Roll  | (Salad) None; (Cheese) Milk; (Ranch) Milk Egg, Soy, Corn (Italian) Soy; (Roll) Gluten/Wheat, Milk, Soy, Egg;(Roll) Gluten/Wheat, Milk, Soy, Egg |
| Peanut Butter/Jelly Sandwich w/Cheese Stick | (Bread) Gluten/Wheat, Soy,  (Peanut Butter) Peanuts, Soy; (Cheese Stick) Milk |  | Peanut Butter & Fruit Box Meal | (Peanut Butter) Peanuts, Soy, Corn; (Dinner Roll) Gluten/Wheat, Milk, Egg, Soy; (Rold Gold Pretzels) Gluten/Wheat, Corn – (Goldfish Pretzel) Gluten/Wheat, Milk |
| Yogurt Meal Lunch w/Cheese Stick | (Yogurt) Milk, Corn,; (Cheese Stick) Milk; (Pretzel) Gluten/Wheat, Corn (Bug Bites) Gluten/Wheat, Soy; (Jurassic World) Gluten/Wheat, Soy, Milk; (Scooby Doo) Gluten/Wheat, Soy; (Granola Bake Crafters None); |  | Hummus Meal w/Cheese Stick & Roll  | (Hummus – Zee-Zees) None; (Cheese Stick) None; (Roll) Gluten/Wheat, Milk, Soy, Egg;(Rold Gold Pretzels) Gluten/Wheat, Corn;(Goldfish Pretzel) Gluten/Wheat, Milk |